

Join us for this exciting and unique class...

Life Transitions: A Complete Plan

with Heidi Krantz, Professional Life Coach



Are you experiencing a life transition such as divorce, widowhood, retirement, empty nest, or career change?

- Create a customized blueprint for the new life that you desire and learn powerful life coaching strategies to implement your plan.
- Learn goal setting techniques to apply successfully to all aspects of life including social, intimate, career, family, personal development, and enjoyment.
- Get “unstuck” in the area of your life that is blocking you from accomplishing your goals.



For more information,
Contact Heidi at
coachheidik@gmail.com.

www.reinventionlifecoaching.com

Date:

Tuesday, May 5th 2015

Time:

7:30p.m to 9:00p.m

Fee: \$20

Location:

Great Neck Adult Education
30 Cumberland Ave.
Great Neck, NY 11020
516.441.4949

Course # PG232-1

REGISTER NOW